



Well and Truly on our way!!!

Project Mayapur

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Why Start Here?

- 80% of the people live BELOW the poverty line
- Average daily income is equivalent to AUD\$1
- Drinking water contains toxic levels of arsenic which results in chronic health issues (Arsenicosis)
- Most children suffer from chronic respiratory illness from the months of flooding in the monsoon season
- All children are malnourished and many live in constant pain
- High mortality rate for both mother and baby, due to inadequate medical assistance in childbirth
- Untreated chronic illness in parents is leading to many infants losing one or both parents
- The only access to health services is a 4 day walk to the nearest hospital
- 70% of people suffer from Arsenicosis



Malnourished little boy from Mayapur

Common Health Problems to be Treated:

- Malnutrition
- Colds, Flu and Fever
- Arsenicosis

Arsenicosis Causes:

- Cancer of the bladder, skin, kidney and lung
- Blistering skin rash, black discolouration, skin blisters, deep infected wounds
- Liver damage, high blood pressure
- Ulceration of internal organs
- Diabetes and goitres

Long term prevention

The mobile Health Bus will focus on the prevention of health issues in the following way:

- Delivering water filters directly to the villages
- Providing a health educator that will teach:
 - Basic nutrition and cooking methods of local produce
 - Basic first aid and wound dressing
- Introducing a lentil program to provide protein to their vegetarian diet

Our Immediate Focus:

To implement a Mobile Healthcare Bus to treat acute medical conditions.

The Healthcare Bus will provide:

- Pharmaceutical Medicine
- Homoeopathic Medicine
- Two qualified doctors
- One nurse/midwife
- Medical Equipment
- First Aid Supplies
- Wound Dressings

- NEW website coming soon!
- Volunteers Needed

Under \$2 a day provides a village of 2,300 people with healthcare for a year.

A Night of Difference: One Night One

• Birthing Table
 Make your mark on the lives of 120,000 people in 53 communities living in poverty by providing the first healthcare bus in West Bengal, India.

Celebrate the beginning of Project Mayapur. Enjoy a night of great company, food and entertainment.

VENUE: The Retro
 413 Brunswick St, Fitzroy

DATE: Saturday
 14th July, 2007

TIME: 7.30pm – late

COST: \$55 per person or
 \$500 for a table of 10

DRESS: Cocktail dress
 (men - lounge suit)

Enjoy a two course meal, drinks available at the bar

TICKETS STILL AVAILABLE

TO PURCHASE TICKETS CONTACT:
 Nicole (03) 9802 7125

Ride the Great Victorian Bike

Event of the Year: Great Victorian Bike

ride and support charity all the way. Rebalance the Globe is creating awareness and promoting our cause by having a presence in this year's Great Victorian Bike Ride. With exposure to 3,500 riders and countless people along the way we are riding for Project Mayapur. To be involved all you need to do is to ride in your Rebalance the Globe jersey and wear your bright t-shirt with pride. We hope to create an impact through our large number of riders and our bright colours all the way.

The Great Victorian Bike Ride draws people from all walks of life. Whether you're eight or 78, seriously sporty or new to cycling, there's nothing like the buzz of soaring along on a bike with 3,500 others, nor the sense of achievement in getting somewhere by your own steam.

This year we reach the wonderful valley town of Buchan, home of the Buchan Caves, on Saturday night. Because Buchan is such a beautiful place, we have decided there is no need to go anywhere else! We are going to kick up our heels on Saturday night at the Buchan Caves and celebrate everyone's achievement. You can dance the night away - no need to save your legs for the next day. Take your time on Sunday to get home, you have the whole day!

We are looking for corporate signage sponsors for our Rebalance the Globe cycling team. Riders can also approach people they know to sponsor them per kilometre travelled.

The Great Victorian Bike Ride is the world's largest fully sup-

ported bike tour: a nine day, 544km bike riding and camping festival.

In 2007 we will travel through Eastern Victoria - Inspired by Gippsland. There are few places in the world where you will find such an extraordinary diversity of landscapes. From lush rolling hills to snow capped mountains rugged coastlines to magnificent waterways and wide sandy beaches - Gippsland has it all. And we will see it all, travelling from Phillip Island to Buchan on this truly marvellous bike adventure.

As a special treat on the final night of the 2007 Great Victorian Bike Ride **Kate Ceberano** and her band will perform exclusively for us at Buchan Caves. There will be much more entertainment along the way.

For more details and registration please visit:
www.bv.com.au

Ultimate Cycling Journey

- Day 1 - Phillip Island to Wonthaggi (57kms)
- Day 2 - Wonthaggi to Foster (84kms)
- Day 3 - Rest Day - explore Wilsons Promontory
- Day 4 - Foster to Yinnar (83kms)
- Day 5 - Yinnar to Rawson (64kms)
- Day 6 - Rawson to Maffra (88kms)
- Day 7 - Maffra to Paynesville (80kms)
- Day 8 - Paynesville to Buchan (88kms)

Each day there is something new to explore as you wind your way through Eastern Victoria.

Coastal Explorer Ride



Ride for Rebalance the

Can't get away for nine days, but still want to be part of the fun of a Great Victorian Bike Ride? Want a short break with a difference? Join us on the three day Coastal Explorer Ride! 24 November-26 November 2007, 141kms. You begin in Phillip Island and make your way to Wonthaggi via the scenic Bass Coast Rail Trail and the seaside town of Inverloch. On day two ride the Bunurong Coastal Drive (just think of Great Ocean Road views!) to Foster. You can then enjoy a day exploring the beauty and wilderness of Wilsons Promontory. We have even arranged your transport home so you can make the most of your time in the National Park. What a perfect way to enjoy your short break.

To be involved and register your interest in riding for Rebalance the Globe contact:
Sabrina Mercuri on 0437 248 987 or email us at:
info@rebalancetheglobe.org

Creating awareness of Rebalance the Globe with exposure to 3,500 riders and countless people along the way.

We are riding for Project Mayapur.

Travel to Mayapur

Nicole Cunningham will be travelling back to Mayapur, West Bengal in just under 3 weeks, accompanied by her father, Ken and brother Russell. This expedition to India is to begin the process of ordering the FIRST Rebalance the Globe mobile healthcare bus. The manufacture of this custom made bus will begin over the next few months in preparation for the implementation of Project Mayapur in January, 2008.

Keep a close eye on our NEW website for daily diary updates, up to date photos and video of communities and villages from Nicole on our blog.

Thank you to all the wonderful donors, supporters and volunteers who have given to Rebalance the Globe and facilitated this milestone where we can begin to initiate Project Mayapur.



Example of Rebalance the Globe Mobile Healthcare Bus

Volunteer Profile

Each volunteer brings unique gifts through sharing their time, energy and skills. We are proud to introduce to you one of the members of our extraordinary volunteer team.

NAME: Yvonne Bosch

AGE: 37 years old

LOCATION: Lysterfield

PERSONALS: married with two children, Nicholas 3½ years and Lachlan 1 year old.

BACKGROUND: For the last 16 years I have been a Certified Practising Accountant and prior to having children I worked for an automotive company as a Financial Controller. I now raise 2 children, run my own small business from home and work as a volunteer for Rebalance the Globe. My husband of 4 years is also a CPA and works at a television network as a Financial Controller.

WHY VOLUNTEER? It's a great way for me to give back to the community. While other people have the ability to give to others at a grass roots level, my skill set and my family circumstances makes that a little more difficult. By volunteering in fundraising and administration, I'm contributing in different ways. I am able to keep my skills current, learn many new skills, and working with an enthusiastic team who are driven to make a difference in this world. Another important reason why I am doing this, is that it opens my eyes to the need of others, as well as opening the eyes of my children. It sets

an example to them, as to how they can make a difference in their world.

My 3½ year old is always asking, "How is Rebalance the Globe going?" He takes an active interest in what I'm working on.

WHAT'S IN IT FOR YOU? It's a way for me to show a sign of gratitude for what I have been blessed with. I work with people who are driven to make a difference in this world, which helps me to develop a better attitude in my life. I feel an enormous amount of joy from what I am doing.

WHY REBALANCE THE GLOBE? That's a great question. One of my goals was to contribute significantly to a children's charity, as watching children suffer brings tears to my eyes. Rebalance the Globe

not only focuses on children, but on families and communities. As a mother there would be nothing worse than both parents being so ill, that we could not provide for our children and know that we could not reach out to the people around us, as they are in a similar state. I could not imagine living with the fear that children at the ages of 3 and 1 could be left to fend for themselves. In our Western Society you can have all the money in the world, but if you don't have your health, what is the point. Rebalance the Globe is giving people in developing countries the opportunity to rebuild their health, so that they can rebuild their lives, reducing the state of poverty they are living in.

WHAT'S NEXT? Whilst my children are young I will focus on contributing my spare time to Rebalance the Globe, so in a couple of years I can take them to India to see what a difference people in the Western World can do for those in developing countries.



Yvonne Bosch
Rebalance the Globe Volunteer

**TO JOIN OUR TEAM OF DEDICATED VOLUNTEERS CONTACT
YVONNE ON:
9753 9813**

"I am able to keep my skills current, learn many new skills, and make a difference in this world. "

Women's Empowerment Day

Reconnect

Enjoy a day of inspiration with two inspiring women who will teach you how to reconnect with your own personal power and vision to enable you to live a purpose driven life.

All proceeds go to Project Mayapur

Date: Saturday 15th September, 2007
Time: 9-5pm
Location: Vine and Branches, Bonds Road, Lower Plenty
Price: \$185 includes Morning Tea/Afternoon Tea/Lunch and Gift Pack
Booking : Call Nicole (03) 9802 7125

info@rebalancetheglobe.org
www.rebalancetheglobe.org



We Are Already Saving

Rebalance the Globe funded Heart Surgery for a 9 year old girl, Mumpi who had a hole in her heart. She is now happy, healthy and enjoying playing at school with her friends. Without the generosity of Rebalance the Globe supporters Mumpi would have died in May this year.



Mumpi



REBALANCE THE GLOBE

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Rebalance the Globe

We are a non profit foundation dedicated to providing sustainable healthcare systems to impoverished communities in developing countries.

We are a group of volunteers, passionate about making a lasting difference by distributing resources from our supporters into empowering and educational healthcare projects.

Our 5 Year Objective

To break the cycle of poverty in West Bengal, India by transforming the health of individuals, enabling them:

- to return to work and provide for their families
- to access the school system to obtain an education
- to raise and nurture their children
- to enjoy a life free from pain and suffering



Providing sustainable healthcare systems to impoverished communities in developing countries.

Frequently Asked Questions

HOW CAN I SUPPORT REBALANCE THE GLOBE?

Rebalance the Globe requires support in raising funds for upcoming projects and creating awareness in the community about our cause. You can support us by volunteering your time and skills, give contributions to our Projects and by telling all you know about the lives we are transforming in India.

HOW MUCH DOES IT COST TO IMPLEMENT PROJECT MAYAPUR?

It costs AUD\$60,000 to build a Rebalance the Globe mobile



healthcare bus and equip it with medicines and equipment for one year. It then costs a further AUD\$20,000 annually to maintain the mobile healthcare service and pay for maintenance, fuel and the wages of medical staff.

ARE REBALANCE THE GLOBE VOLUNTEERS PAID?

All volunteers give generously and unconditionally of their time, receiving nothing but gratitude and personal fulfilment for their efforts. Each person contributes in their own way, working around their other time, family and life commitments.

HOW MANY BIKE RIDERS DO YOU WANT FOR THE GREAT VIC EVENT THIS YEAR?

We are hoping to ride with a cycling squad of 50-60 riders in this year's Great Victorian Bike Ride. We hope to use this event as exposure for our cause and create awareness and further interest in Rebalance the Globe through our LARGE presence in this year's ride.

DOES REBALANCE THE GLOBE HAVE A FUNDRAISING COMMITTEE?

Yes, our fundraising committee meets once a month to discuss and plan. Our calendar of events can be seen on our website and we are always looking for new enthusiastic volunteers to come on board for specific events or on an ongoing basis.



