

March 2011 update

Hello to you all,

I have just given birth to my second child, another beautiful girl Alyce Jade. She was born peacefully at home in water as planned with the assistance of our highly trained and encouraging midwives and is settling into our family perfectly.

It makes me so grateful we live in such a blessed country as Australia at times like these, as I have the opportunity to just enjoy my family and rest and recover from giving birth. This is such a world away from the women in Mayapur who have such unfortunate circumstances surrounding the birth of their children. Often the birth is traumatic and has no medical support. They have unassisted homebirths without trained professionals. Many deliveries therefore have complications and terrible infection and pain for the women. Breastfeeding can also have its complications as the right support and education are not available. On top of this, women must care for their other children, prepare meals and sometimes even assist with drying the crop with their husbands.

Our project in Mayapur is flying so high! I am so proud of what we are continuing to achieve. Within one month of the bus arriving our patient numbers increased by 100 people. This is so exciting as the number continues to soar with a tally of 1500 patients per month being cared for by our RTG staff.

There is so much that I dream to achieve with this group of inspiring people. I dream of time when we will have more buses and further education about breastfeeding and perhaps even some assistance with birthing so that it is less traumatic and safer for woman and child. Of course finances once again are all that stands between us and this potential for change but I believe that it is possible, it will just take time.

Thank you for your continued support. Please continue to follow us and support us as we continue to expand our project and make such a lasting change to the people of Mayapur.

Love

Nicole



A first time mother had complications during delivery and ended up with 18 stitches which became infected and severe hemorrhaging. When we met her she was doubled over in pain and struggling to walk. We returned to her village 2 days after providing her with a remedy to treat her condition. She met us with a beaming smile and was walking freely. Her condition had improved 75%.

If you would like to support this work by giving a donation,

please visit [our secure website](#)